

Parents and Carers of Special Children

All about us...

POSCH was set up by parent carers of disabled children/young people in the Hambleton & Richmond areas.

We are a registered charity which provides a supportive befriending & information service for families.



POSCH believes...

In collective empowerment & partnerships to **support**, *improve* and *inspire better* outcomes for children and their families.



POSCH includes...

Parents, carers and grandparents of children and young people with any additional needs with or without a diagnosis.





What we do:



Solution Empower parents to support each other through peer support groups



Provide training on key issues, strategies/tools and practical family support



Arrange for speakers from services including Health. Education and Social Care to meet with parents

Signpost and provide information to help parents access services



Work together with other charities and agencies to ensure the parent carer voice is heard



What our parents say...

"POSCH is my life line"

"As I walk through the door at the POSCH sessions I can feel the stress lift from me and I know in the next few hours I will feel safe and supported. I leave feeling energised and inspired"

"My life has been enriched by POSCH"

"Without POSCH I would not have the strength to fight the on-going battle to access what my son needs"



Contact us:

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🔟 www.posch.org.uk